

Stillaguamish Athletic Club Playroom Policies and Procedures

Registering for the Playroom

We need a registration form for each child who will use the playroom. When this is complete and your payment is arranged, come on in! A member of the playroom staff will check you in. Please let them know where you will be exercising and approximately when you will return. You must remain on-site unless you are running on the airport trail. Be sure to notify a playroom worker if someone other than the drop-off parent will pick up your child.

Snacks

No outside food is allowed. We provide a light snack. Please ask the playroom staff for more info.

Special Needs

If your child has any special needs, please notify the playroom staff. We ask that you make any necessary updates to the playroom registration form. This keeps us informed about allergies, emergency numbers, behavioral concerns and any other pertinent information that will ensure your child's safety and happiness.

Potty Time

Please take time for a diaper change and potty break before you come to the playroom. For legal and sanitary reasons, playroom staff is not required to change diapers. If your child needs to be changed, we will come find you. Soiled, leaky diapers, and other accidents will require immediate attention. We are not responsible for helping your "potty training" child in the bathroom. Children who are able to manage on their own may use the restroom as needed.

Rules of the Playroom

- ☺ Be NICE
- ☺ Absolutely NO BITING
- ☺ No hitting, kicking, or pushing
- ☺ Share the toys
- ☺ Use your inside voice
- ☺ No running in the playroom
- ☺ Put away what you get out
- ☺ Craft supplies will be used under supervision and only at the table
- ☺ Snacks and drinks must stay at the table
- ☺ Listen to the playroom staff
- ☺ Do not leave the room without permission
- ☺ HAVE FUN!!

Playroom Illness Policy

We follow the advice of the Snohomish Health District to keep us all healthy. If your child has any of these symptoms, please do not bring them to the playroom.

- Diarrhea - three or more watery stools in a 24-hour period
- Vomiting - within the past 24 hours
- Fever - Temperatures of 100° or higher accompanied by other symptoms
- Rash - body rash with fever or itching
- Sore throat - especially with fever or swollen glands
- Cough - lasting more than one week
- Greenish or yellow nasal discharge – lasting more than one week
- Pinkeye - teary, redness and irritation followed by swelling and yellow discharge
- Lice, Scabies - Children must not return until proper treatment is completed

If your child's behavior or appearance is unusual, if they are tired, irritable, or have lack of appetite, this may be sufficient reason to exclude them from group childcare. If your child is too sick to go to school, they are too sick for the playroom.

If your child has been exposed to, or has had a contagious illness while using the playroom, please notify the staff as soon as possible.

If a playroom attendant observes any of the above, you will be asked to take your child home.

Thank you for entrusting us with the care of your children. Please enjoy your workout!