

Aquatics Schedule

11/1/2017

[MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00am 5:30 6:00am 6:30	Adult Lap Swim	Adula Lau Curina	Adult Lap Swim	Adult Lau Cuin	Adult Lap Swim		
7:00am 7:30	Aqua Fitness	Adult Lap Swim	Aqua Fitness	Adult Lap Swim	Aqua Fitness	Adult Lap Swim	
8:00am 8:30	Adult Lap Swim		Adult Lap Swim		Adult Lap Swim		
9:00am 9:30	Aqua Fitness	Aqua Fitness	Aqua Fitness	Aqua Fitness	Aqua Fitness		
10:00am 10:30 11:00am 11:30	Adult Lap Swim	Swim Lessons	Adult Lap Swim With 1 Lane Private Swim	Swim Lessons	Adult Lap Swim	Swim Lessons	Adult Lap Swim
12:00pm 12:30	Physical Therapy	Physical Therapy		Physical Therapy	Physical Therapy	A dult Lon Curino	Addit Lap Swilli
1:00pm 1:30	Aqua Fitness		Aqua Fitness		Aqua Fitness	Adult Lap Swim	
2:00pm 2:30 3:00pm	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	· Adult Lap Swim	•	Family Swim \$5 Community Swim
3:30 4:00pm 4:30	Swim Lessons	Swim Lessons Family Swim	Swim Lessons	Swim Lessons	Addit Lap Swiff	\$5 Community Swim	CLOSED
5:00pm 5:30					Family Swim	CLOSED	
6:00pm 6:30				Family Swim	\$5 Community Swim		
7:00pm 7:30	Adult Lap Swim		Adult Lap Swim		CLOSED		
8:00pm 8:45	Adult Lap Swilli	Adult Lap Swim		Adult Lap Swim		sacfitlife.	com

Must be 16 or older to use the pool during Adult "Lap Swim" times.